## Site Safety





- Wear sun cream of a suitable factor, reapply throughout day
- Drink copious quantities of water in very hot climates, 4-6 litres per day
- Check water bottles have unbroken seals, and do not share water bottles
- Politely refuse any water offered elsewhere



Always wear hard hats when on site at all times, with no exceptions



# Wear gloves as appropriate

- Locally-made bricks can have sharp edges
- Cement will suck moisture from your hands
- Plants can have very sharp thorns



Wear ear protection when using the compactor, any power saw, or other equipment that may cause damage to the ears



#### Wear a face mask when:

- Painting lime wash
- Using chemicals
- Mixing cement



### Wear eye protection when:

- Using hammers, chisels,
- Using power tools
- Using lime wash, chemicals or mixing or pouring cement
- Working above head height (i.e. your hands are working above your head)



# Always wear steel toecap safety boots when on site, with no exceptions



- Lifting stand in front of item with your feet slightly apart.
- Bend the knees, keep the back straight
- Lift with the legs, not the back
- When setting down, reverse the procedure



## Your first aider is:



- A messy site is an accident-prone site
- Keep your area tidy and remove any unwanted materials or tools



No mobile phones on site (except for team/crew leaders)