

British Scones

RECIPE

2 tbsp sugar

1 ½ tbsp baking powder

1/2 tsp salt

2 ¹⁄₄ cups all purpose flour 315g plain flour 5 tbsp unsalted butter 75g, cold

²/₃ cup milk 150ml 1egg

BAKING INSTRUCTIONS



STEP1-

Preheat oven to 425F/220C. Prepare baking sheet with parchment paper/cookie sheet.

STEP 2 -

Put the flour, baking powder, salt and sugar in a large bowl and stir to mix.

STEP 3 -

Cut butter into small chunks, add to the flour mixture and rub in with finger tips or a pastry cutter to break into small pieces until it forms a breadcrumb-like texture.

STEP 4 -

Save 1 tbsp of the egg and combine it with 1 tbsp of milk. Add remaining egg and milk to the flour-butter mixture and mix into the dough with a blunt knife or spatula.

STEP 5 -

Turn mixture out onto a floured surface and press it together so it sticks. Flatten it out to around $\frac{2}{3}$ -1in/2-3cm thick and cut out circles, trying not to twist the cutter as you cut.

STEP 6 -

Carefully transfer the scones to the prepared baking sheet. Brush the top of the scones with the reserved egg and milk.

STEP 7 -Bake for around 10-12 minutes until gently brown on top.

Recipe from - www.carolinescooking.com/british-scones/

